

INTRODUCTION

In my thoughts from visions of the night when deep sleep falls, I
while on my nocturnal frame fell into a dream. And in that dream,

*I dreamt that I was flying.
I was being chased.
Dogs were biting at my feet.
I was being stabbed at.
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Having dreamt, I rise from my sleep and seek to unravel the story of
my unconscious mind. I make the journey and come full circle, and I ask
myself the question, “each time I dream, what does this mean?”

With each dream, I have felt that I have in some way experienced the
body of images before. There always seems to be an air of familiarity
about the events and situations that I encounter in my consciousness. At
once I am traveling on a path and suddenly I am thrown off.

It is then that I set off on the process of trying to get back on track. In
re-experiencing the body of feelings¹, it seems, "that the angel of

¹ Researchers have theorized that one brain hemisphere registers information slightly sooner than the other hemisphere. It has been postulated to be partial delay mechanisms, such as the hypothesis that the subconscious receives information before the conscious mind. Another explanation embraces the notion of the collective unconscious, through which one is in touch with the universal experiences of the human race. An "already seen" experience may simply represent a resonance between a current experience and one of the archetypes in the collective unconscious. "Already seen" experiences are distinct memories of past lifetimes. The Dream Encyclopedia, James R. Lewis, Gale Research Inc., Thompson Publishing Company, Michigan, 1995. pp.62–63.

forgetfulness himself has forgotten to remove from my memory the records of former experiences." (Head and Cranston, 1961). My "senses are then haunted by fragmentary recollections of these experiences. These feelings drift like clouds over the hills and valleys of my mind." (Head and Cranston, 1961).

With each experience, through painting, I question the answers posed to me in my dreams. Through a series of accumulation of non-traditional materials, subtracting, drawing, adding, and layering of these materials on a painting surface, the process results in an expression, which is the illusion and feeling of the dreams. The paintings provide me with the connection between my dreams and my past experiences.